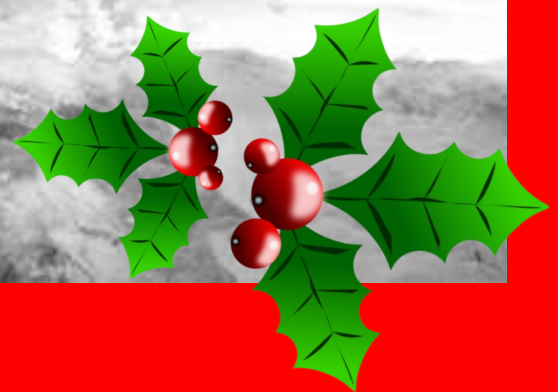


Somersham

A VOICE FOR THE COMMUNITY

Jan / Feb / March 24

4U



Photograph courtesy of David Elliot

Parish Council



Chairman's Report

Hello Somersham,



Since the last edition of Somersham4U we have had two councillors resign from the Parish Council, Claire Fidler and Kirsty Meadows.

We offer thanks for their service and offer good luck wishes for the future. Three new councillors have since been co-opted onto the Council - Andrew Chapman, Amanda Cass and Tori Piper, and we welcome them.

There are plans for three new commemorative benches (to replace existing life expired ones) sited around the village. If anyone would like to have a commemorative plaque fixed to one of the benches, please contact the parish office. We are offering this opportunity in exchange for any gratefully received donations towards the cost of the bench.

"Hattie's map" in Church Street has had its wording replaced after earlier vandalism.

Apple Day and the Fungi Forage events both went well, and were enjoyed by all concerned.

The multi-sports area at the Norwood Playing Field is due to be resurfaced and have the flood lights replaced, although re-lining can not take place until the spring. There are eight different games that can be played on this surfaced area so it will be good to see it back in use.

Also, I would like to see young aspiring writers using this magazine to get articles published. The article can be about anything that complies within the protocols of this magazine, including an article about historical events, a poem, or something you have written for school or college. This is your chance to get something published.

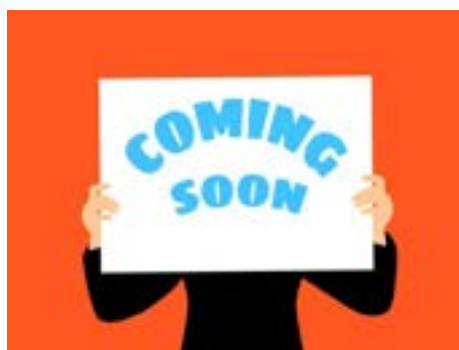
For those that may be a little hesitant here is a little philosophy: -

Vanity

"Self-importance, is it so bad to be aware of self-worth ? I am aware of what I can do, the effect that I can have. I must be aware of these things but not make a big thing of them and show humility. Be humble, but always have the confidence to show who and whom you are."

I am sure there are many budding young writers out there so just send your copy to somersham4u.newsletter@-pc.gov.uk

Daryl Potter, Somersham Parish Council Chairman



CONNECTIONS YOUTH BUS



EV CHARGE POINTS AT NORWOOD BUILDING CAR PARK



DIGITAL SCREEN AT THE CROSS

RE SURFACING OF MULTI-SPORTS AREA



SOMERSHAM 4 U

Would you like to be a Parish Councillor ?

Responsible to

All people resident within the Parish

Regular liaison with

Other councillors, local authorities, residents

Period of service

Four years with possible extension.

Salary

This is an unpaid position with some expenses able to be paid in certain cases.



Main purpose

To represent the views of all residents within your parish.

Secondary purpose

- As part of a local council you will have responsibility for running local services which may include: open spaces, play areas, village halls, community car schemes and potentially much more.
- To decide on how much to raise through the Council Tax in order to deliver your council's services.
- To influence and shape the long term development policy for the parish, and as part of the planning process, comment on planning applications in the parish.
- Improve the quality of life and the environment in their local area.
- Work to identify issues which are important to the lives of the residents you represent.
- Work to bring about improvements through local projects, lobbying other service providers and working in partnership with other parishes and agencies.

Support and training will be provided. Please email clerk@somersham-pc.gov.uk to apply.

Facilities For Hire!

Looking for a venue for a Party or Group Activity?

Did you know that there is an excellent venue within Somersham that you could hire at a very reasonable rate?



The Millennium Pavilion, off The Trundle is probably best known as the place to play football but other

groups also use its facilities - including sewing groups, local organisations, Girl Guides, as well as the Parish Council for regular meetings.

Norwood Playing Field

If you are arranging an organised activity at the Norwood playing field, please advise the office at Somersham Parish Council 01487 841359

Play Squash ?

Our Squash Court is located in the Norwood Building, Parkhall Road (adjacent to The Victory Hall)
Only £5 per 45min session



For enquiries and information on any of the above

Call : 01487 841359 or Email : admin@somersham-pc.gov.uk

Names and contact details for all your Parish Councillors can be found on Somersham Parish Council website :
www.somersham-pc.gov.uk

Executive Officer Irene Healiss can be contacted on Tel: 01487 841359
Email: executiveofficer@somersham-pc.gov.uk
The Norwood Building, Parkhall Road, Somersham PE28 3HE

County Councillor & District Councillor Steve Criswell 23 The Bank, Somersham, PE28 3DJ Tel: 01487 740745
Email : steve.criswell@huntingdonshire.gov.uk

Local MP (North West Cambridgeshire) Mr Shailesh Vara - House of Commons, London, SW1A 0AA
Email: Shailesh.vara.mp@parliament.uk

PARISH COUNCIL MEETINGS 2023

Parish Council meetings are held in the Millennium Pavilion, The Trundle, Somersham PE28 3JS with a prompt start of 7.30 pm.
Agendas and Minutes can be found on the council's website somersham-pc.gov.uk

Monday 15th January 2024
Monday 12th February 2024
Monday 11th March 2024

Community News

BRONZE AWARD

Somersham Parish Council have been awarded the bronze award in recognition of their commitment to the Armed Forces Covenant.

Somersham Parish Council is committed to supporting serving or retired military personnel where possible. Please see below for contact details of agencies offering support:-

SSAFA - 0204 566 9129 - <https://www.ssafa.org.uk/cambridgeshire-bedfordshire>

RBL - 0808 802 8080 - <https://www.britishlegion.org.uk/>

Combat Stress – Veterans 0800 138 1619 – Serving 0800 323 4444 - <https://combatstress.org.uk/>

Op Courage - 0300 034 9991 - <https://www.nhs.uk/nhs-services/armed-forces-community/mental-health/veterans-reservists/>

Download Forces CONNECT
In the Apple app store or
Google Play store.
Support and advice for members
of our armed forces community.



HOUSEHOLD SUPPORT FUND

The Government has provided a Household Support Fund to local authorities for the period 1 April 2023 to 31 March 2024. This is money the council has been awarded by HM Government to help those in need and most affected by the cost of living crisis to support them to resolve their financial issues. The Household Support Fund (HSF) helps people experiencing immediate financial hardship to pay for food and household energy bills.

It is not charity and does not need to be paid back.

From 25 October 2023, the funding in Cambridgeshire will be offered to households as follows:

- You are entitled to apply for a financial award of £110.
- The financial award will be paid in one single payment, in your choice of cash or food/energy vouchers.
- You can make two claims for the financial award, per year. (You must allow 3 months between each application)
- The total amount payable to you, per year, will be £220.

For full details and to check for eligibility go to Cambridge County Council website or ctrl+click on the links below. You can apply directly to the fund by completing the online application form.

<https://www.cambridgeshire.gov.uk/council/communities/support-with-the-cost-of-living/>

SOMERSHAM RESIDENTS GUIDE

www.somersham-pc.gov.uk
Can be downloaded from the website



The Essential Guide for Residents Old and New

- **Street Map**
- **History of Somersham**
- **Facilities and services**
- **Clubs and groups etc.**

Village Events Diary 2024

To access the events diary go to the Somersham 4U website :

www.somersham4u.wordpress.com

We need to stress that the onus is on organisers to let us know of any additions to the diary and any changes to basic information.

Please email new information to somersham4u.newsletter@somersham-pc.gov.uk

Community News



Programme 2024

Month	Date	Event
January	Sat 13 th	Talk: <i>Euphorbias & Spring Flowering Perennials</i> by Don Witton
February	TBC	Car share: <i>Forgotten Gardens of Easton Lodge</i> , Dunmow for Snowdrops, Aconites & Hellebores
March	Sat 9 th	Talk: <i>It Needn't Cost The Earth</i> by Debbie Cooke
April	Sat 6 th	Pot'n'Swap at 6 Pinfold Lane
May	Sat 18 th	Spring Stall at the Cross
June	Sat/Sun 8/9 th	OPEN GARDENS in Somersham

For our talks, we meet at the Millennium Pavilion off The Trundle, Somersham PE28 3JS
On a Saturday at 2.45pm for a 3pm start for the talk, followed by refreshments and chat. There is a charge of £7 for visitors

Somersham Parish Council

Just to offer you all a reminder that the Somersham Wordpress site is located at somersham4u.wordpress.com which informs residents of many local updates for the community.

Also, the Somersham Parish Council website somersham-pc.gov.uk has lots of useful information regarding Parish Council information.

STALLS AT THE CROSS

2nd Sept 23
Friends of Somersham Parish Church
£159.00



PROGRAMME 2024

Month & date	Speaker / Event
January 16 th	Rebecca Clarke – An author's experiences 'The Oak Tree with Golden Leaves'
February 20 th	'Heather The Hedgehog Lady from Chatteris' She will bring a care hedgehog
March 19 th	Paper Flower Making with Chris Lorimer & Amelie Legge
April 16 th	Anna-Lisa Phillips from The Wellskin Clinic 'Growing Old Gracefully'
May 21 st	Lucy Swales 'The History of Madame Tussauds'
June 18 th	Garden Party at Horseshoe Farm or a different garden venue
July 16 th	Peter Lamb – talk on Forensic Science by a Retired Forensic Scientist for the Home Office
August 20 th	Trip TBD
September 17 th	Mitzi – A History and Demonstration of Burlesque Dancing
October 15 th	AGM + 2 talks by members Denise Grey will dispel some myths about the Internet and Lyn Winsor will talk on 'Being a Mature Student'
November 19 th	Mrs Anne Robinson - 'Sugarcraft'
December TBD	Christmas Party

We meet at the Millennium Pavilion off The Trundle, Somersham PE28 3JS. On the 3rd Tuesday of the month at 7.15 p.m. for the talk, followed by refreshments and chat.
There is a small charge of £4 for visitors

Somersham Friendship Club

Somersham friendship club was delighted to receive a kind donation from David Rolph recently.

David's parents ran a shop in Somersham many years ago and therefore he has an affinity with our village.

As we have no funding and the club is run completely by volunteers this kind donation will help towards our Christmas outing to the Wicksteed Christmas spectacular in December.



Cheryl Grant.
Somersham Friendship Club.

Community News



Somersham Primary School

The autumn term was a busy one at Somersham Primary School! The children continue to learn, play and thrive as part of our wonderful school community.

By the time this article is published, the busy Christmas season will have passed. Our Key Stage One children will have performed their production of 'The Angel Who Nearly Missed It All' to parents and carers, and children will have enjoyed a tasty Christmas dinner and a day wearing their Christmas jumpers. The PFA will have organised another super Christmas Fayre and funded a pantomime to come and entertain the children. All this will have taken place while the children continued to focus on their learning and making progress in the basic skills.

The autumn term saw lots of exciting enrichment opportunities for children across the school. Year 6 went on a residential trip to Hilltop Outdoor Centre in North Norfolk, while our Year 3/4 children enjoyed a day at Flag Fen, a Bronze Age site in Peterborough. Our younger children explored more about the local community with walks round the village linked to their learning. The school has continued to send representatives to area sports events, and children have attended a wide range of clubs.

Somersham is such a wonderful community, and it is great for the children to be able to be part of this. The school's choir has performed for a Time Bank Coffee Morning and was part of 'A Winter's Tale Music Extravaganza' before Christmas. We were also pleased to contribute a tree to the Christmas Tree Festival and support the Royal British Legion through selling poppies. Currently, each week a different class is walking to the library.

There is never a dull day at Somersham! This was borne out in the findings of an Ofsted inspection, which took place at the beginning of the autumn term. The inspection team spent two days rigorously exploring every aspect of school life, and rated the school as 'Outstanding' in all areas. The whole school community was thrilled with the outcome, particularly because the school had been previously rated 'Inadequate' in a 2018 inspection. The improvement is testament to the hard work of all the adults and children, and we will continue to be striving for the highest possible outcomes for all our young people.

We currently have spaces in all year groups at Somersham and welcome any families who would like to look round the school and find out more. The office can be contacted on 01487 840412 or via office@somershamprimary.co.uk

Jonathan Clarke
Headteacher

BE PART OF THE NEXT SOMERSHAM4U

HAVE YOUR SAY !!

Do you have any upcoming events that you wish to let the people of Somersham know about?

Have you any news or information that you think would benefit members of our community?

Has anyone you know, or yourselves, been involved or will be involved, in any activity, adventure or achievement that you are proud to share?

If so we would love to hear from you.

We have a specific email address 'somersham4u.newsletter@somersham-pc.gov.uk' please only use this email address for content and matters relating to the newsletter

Contact the editorial team

Irene Healiss Jane Turney
Nicola David Frances Smith
Kirsty Meadows

01487 841359

or

somersham4u.newsletter@somersham-pc.gov.uk

**Deadline for next issue
28th February 2024**

Community News

THE WHITE POST

Most local people will be aware of the 'White Post' that is situated at the junction of the roads to St Ives and Pidley. If you have looked at it closely you will have seen that it bears the date 1773, which is the date of the year of the Turnpike Act. If that is the date when it was erected, then it is 250 years old this year (2023).



The White Post is what is known as a guidepost and it is a scheduled ancient monument, which means that it is legally protected because of its historical importance. Two "hands" on it point to 'Huntingdon through Pidley' and 'St Ives' respectively. There is no distance in miles on the post. Such guideposts have been known for many years as in a 'A Direction for the English Traveller' published in 1635. The author remarks *"It is a usual manner, in many parts where ways be doubtful, for a traveller to find a standing post with a hand to direct men the ready way These hands tell thee not how many miles, nor the distance from place to place"*.

According to a statement made in the House of Commons in 1765 the road across the heath from Somersham to St Ives was "in a very ruiness condition, narrow in places, and dangerous to passengers". A turnpike trust was set up by Parliament to remedy the situation. This meant that a group of men were authorised to collect tolls from people travelling along this road to get it repaired and maintained. Eight years after the turnpike had been set up, a General Turnpike Act was passed in 1773. Among other things, this Act ordered trusts to set up and maintain guideposts.

The 'White Post' was originally sited on the 'Cross', where Church Street meets the High Street. In 1824 there was a fire in the centre of Somersham which spread to several buildings in the centre of the village (*more about this in a future edition of*



Somersham4U). When the burnt-down premises were rebuilt the street was made narrower and the post moved to its present position. The 'Cross' before that time may have formed the village green and have been the place where the weekly market was held.

Near the top of the White Post is a small hole that goes right through it and it is said that in the old days (probably when it was in the middle of the village) it was possible on looking through the hole to see Ely Cathedral. However, this would seem rather doubtful as the village of Sutton lies directly between Somersham and Ely 'as the crow flies' and as Sutton is over twenty metres above sea level it probably obscures the view of Ely Cathedral and Sutton Church also has an octagonal tower.

The White Post did have some metal railings around it, but in April 2004 a grant was secured to remove them, pave the area around the post, site some bollards on the perimeter and install lighting for night-time illumination.



Alan Draper

On This Day.....

10 Jan 1840 Sir Rowland Hill introduced the Penny Post to Britain. Mail was delivered at a standard charge rather than being paid by the recipient. On its first day, 112,000 letters were posted in London alone.

14 Feb 1852 London's famous children's hospital in Great Ormond Street accepted its first patient, three year-old Eliza Armstrong. It was the first hospital in the English speaking world providing in-patient beds specifically for children.

22 Jan 1902 Marconi carried out his first radio transmission experiments, transmitting from the Lizard, Cornwall, across the water to St. Catherine's on the Isle of Wight.

16 Jan 1908 The first issue of the magazine Scouting for Boys: A Handbook for Instruction in Good Citizenship; the first book on the Scout Movement. It was written and illustrated by Robert Baden-Powell, its founder. It is reputedly the fourth best selling book of the 20th century, estimated at 100 to 150 million copies, in 87 languages.

4 Feb 1927 Malcolm Campbell reached 174.88 mph in Bluebird on the Pendine Sands in Wales to set a new land speed record. A year later in 1928 at Daytona Beach, Florida, he reached 206.35 mph. Four years and one day later, in 1931, he reached a record-breaking 245 mph, again at Daytona Beach.



Community News



The Somersham Christmas Lights team would like to thank the entire village for supporting the annual 'Switch On' event on 1 December to mark the beginning of the festive season.

The Christmas Lights would not be possible without the individuals, businesses and community organisations who generously give their time, skills and donations throughout the year to support the effort - and of course the crowds of people who come together to celebrate on the night.

The Christmas Lights Working Party are always looking for new volunteers to join the team. There are a wide variety of roles available, from climbing up ladders and fixing lights to organising the raffle or making sure Father Christmas is invited in good time - it is his busiest time of the year, after all!

If you'd like to get involved in any way, big or small, please contact Mervyn and Kathleen Greaves 07895 312476 or at k.greaves1@talktalk.net

With best wishes for a very merry Christmas and a Happy New Year,
The Somersham Christmas Lights Working Party.



Community News



During the Christmas and New Year period waste collection days will change which can be seen in the table below. Residents can also download a collection calendar from www.huntingdonshire.gov.uk/bins



From April 2024 Huntingdonshire District Council will be introducing a garden waste subscription service.

Residents will be able to start signing up for the service in December 2023 and HDC will be offering an Early Bird discount to residents who sign up before the end of January 2024. This discount will see residents pay £50 for the year instead of £57.50. Find out more here: Garden Waste Subscription Service - Huntingdonshire.gov.uk or on the HDC website and social media pages.

Scheduled Day of Collection	Revised Day of Collection
Friday 22 December	Wednesday 20 December
Monday 25 December	Thursday 21 December
Tuesday 26 December	Friday 22 December
Wednesday 27 December	Wednesday 27 December
Thursday 28 December	Thursday 28 December
Friday 29 December	Friday 29 December
Monday 1 January	Tuesday 2 January
Tuesday 2 January	Wednesday 3 January
Wednesday 3 January	Thursday 4 January
Thursday 4 January	Friday 5 January
Friday 5 January	Saturday 6 January



Christmas Tree Recycling

Real trees can be placed by the side of the garden bin on collection day.
If the tree is bigger than the bin we ask that it is chopped in half.
The Household Recycling Centres will also take Christmas trees.



St John the Baptist Church, Somersham

I hope you all enjoy a peaceful Christmas. For many it can be a stressful time and you may need some recovery! As always, the church is open during daylight hours each day for you to pray, wander around or have a think. If I can help you, please get in touch or even leave me a message with a prayer request.

Get in touch if you would like your child **Christened**, you are interested in getting married in church or would like me to take a **funeral** service in the church or crematorium.

We have a service every **Sunday at 10.30am**. The first and third Sundays are communion. The fourth service is an All -Age service. There is a half-hour **midweek communion service** followed by coffee every Wednesday at 9.30am.

Other regular events:

Little Acorns baby and toddler group meets Tuesdays 9.30 (or after school drop-off) – 11am.

Messy Church: from age 0 -99 every 2nd Sunday at 4pm – 5.30pm. Informal crafts and games, prayer and food.

Mothers Union (mini-mum) meets 1st Wednesday of the month after communion.

Creative Minds – Coffee and mindful activity/crafts every 3rd Wed 2.30-4.30 in church.

Welcome Café and Drop in; for coffee, chat, enquiries. Every 4th Sunday 10.30-11.30am in church.

We have a **bereavement group** which meets once a month at The Rectory. Please get in touch for more information and dates.

Special Events

Pancake Party – age 11-18 in Church on Shrove Tuesday after school/ college.

Interested in coming? Let me know...

With Blessings,

Rev Sue

01487 840676 / Rector.somersham@gmail.com

For events and services look us up on www.achurchnearyou.com



Community News

Somersham Community Library 20th Anniversary



October saw us celebrating 20 years of our village library being run by the community. We celebrated with an open house, offering refreshments to our regular and new readers and also a party for volunteers old and new. It was a great success. If you would like to join us please pop in and pick up a volunteer registration form or speak to one of our current volunteers.



Dates for your diaries:

We will be holding our annual "coffee and mince pies" event in the library on the morning of December 23rd. We have a Christmas Hamper Raffle and that will be drawn at about 11.30am on the 23rd. Entertainment during the morning will be provided by the Local Vocals.

On 10th February 2024 we will be holding a General Knowledge Quiz, teams of 8, bring your own drinks and snacks. To be run in conjunction with the Parish Church. Full details to follow.

The Library is looking for a Volunteer Treasurer ... Can you help?

Somersham Community Library is looking for a new Treasurer. This is a voluntary position on the board of the 'Friends of Somersham Library' charity and is an opportunity for someone to contribute and make a difference to this valuable community resource.

If you are at all interested and would like to find out more about this position, please contact John Barrott, the FOSL Chair at chair@somershamlibrary.org.uk or call 07880 733309 for a chat.

Do you love to clean?! The library is also looking for a volunteer cleaner. Flexible hours to suit you. If you are interested then please speak to one of our volunteers who will put you in touch with our volunteer liaison.



SOMERSHAM TOWN YOUTH F.C.



Following on from a successful end of season BBQ and annual presentation held at the West End ground, with thanks to the men's team. What followed was a very busy close season.

As a community club the committee wanted to ensure we promote the teams and play our part in the Somersham community. Local companies and organisations such as the Raptor Foundation, Revive-car body repairs, Cambridge Windows Home Improvements, L.Petriello Groundworks and David Smith-timber engineers have made it possible for

every team to have a new kit. All kits are matching amber and black and stand out when the teams take the field and even more impressive when we have four or five home matches at the Millennium on a Saturday morning.

In conjunction with the Parish Council's support the tea bar has re-opened on match days, providing funds for the club. With thanks to Marion Fear and the volunteers for providing the support to run it. Bacon rolls proving very popular!

Back in June Michael Barley and David Blows led a clear out of the equipment store, which at that point was a no go area! Emptied, David provided new storage for corner flags and training poles, broken equipment was thrown and replaced with new. The store now looks half empty and has remained tidy. Thank you both.

Along with new footballs, both training and match, new amber and black corner flags, the carnival committee supplied much needed training poles.

In negotiating the new kits, along with our supplier we have opened a club shop (somersham-town-youth-fc.pendlesportswear.co.uk) and a percentage of all sales are donated to the club.

Finally the Football Foundation, along with Mick George have made donations to purchase new goals on wheels. This makes life easier for the coaches and Martin, the Parish Council Lengthsman, no longer having to manhandle goals before/after matches or to cut the grass!

All ready for the new season with 6 new coaches and seven teams eager to play football.

The first success of the season fell to the under 11's, led by Lewis Petriello, Kevin Cook and Andre Hussain. In a Priory Park tournament in StNeots not only did they win the trophy, but did so in style playing 6 matches and not conceding a goal!



This looks like being an exciting season, with so many changes in Team officials and players it may take a little time to reach our potential. The most important thing is that everyone enjoys being part of Somersham Town Youth F.C., the parents, the players and officials (all volunteers). Everyone is welcome along to the Millennium on match days, enjoy a bacon roll and cup of tea, whilst cheering on our children.



Timebank

Knit and Natter- Operation Christmas Child

The Knit and Natter group were absolute stars for letting me hijack their activity several weeks in a row to cover and complete the filling of the Operation Christmas Child gift boxes. They all had a hand in the wrapping of the boxes and providing items to fill them with. We made up a total of 20 boxes for children, ranging from ages 2 to 14 years.

Many thanks to Pat for delivering our boxes to St Helens church in Colne, ready for them to forward on to the Samaritans purse to distribute to those in need around the world.

To find out more about Samaritans purse and Operation Christmas Child, click the link: <https://sampur.se/OCCUK161023>

Paula Peck.



LAKE



FUN DAY



What a fabulous event Lake Fun Day was on Sunday 3rd September!

The sun was shining and families came out in droves to enjoy everything we had on offer.

The Borneo girls did a rip roaring trade and the Angling Club also did really well with their fishing tackle sales. The Somersham Nature Reserves group's 'Nature Walk' was the best attended I have ever seen. The children really enjoyed the bug hunting along the way.

The Timebank would like to say thank you to all the event organizers such as the Angling Trust, Everybody Can Fish and The Environment Agency.

Also another great big thank you to all the amazing volunteers who gave their time to help and let me boss them about for the day. You are the backbone of our groups and we couldn't run events like this without you.

I would like to credit thanks to Morrisons in St Ives for making our burgers at a discounted rate...

...to Tesco's in Huntingdon, for donating all our sausages and cheese slices...

...and also thanks to our local Tesco here in Somersham, who donated the condiments and onions to go in the hot dogs and burgers.

It was great to have Franks Ices and Brooks & Conquest Cyder in attendance, both just topped the day off nicely. We are always very grateful for the support these businesses provide us every year for both this event and for Apple Day.

Paula Peck.

Timebank



NEW YEAR > NEW YOU! Somersham & Pidley Timebank



Monday: 10:30am to 11:30am at The Victory Hall – Strength and Balance

Monday: 3:30pm to 4:30pm in the Small Victory Hall – Adapted Yoga

Wednesday: 2:30pm to 3:30pm at The Victory Hall – Adapted T'ai Chi

Thursday: 11am till 12noon meet at The Millennium Pavilion – Nordic Walking

Jump start your new year with FREE trials across ALL our exercise classes throughout the month of January

Try one, some or all of our weekly classes as many times as you wish for January Only!

The FREE trials are open to brand new users or those who wish to return after a period of non-attendance for 6 months or more.

For more info/to book the free sessions email: changinglives@somersham-pc.gov.uk /call: 07599 628 106

After the free trial has ended all classes are £5 (10 class pass available, discounted to £45).

Book and Payment online preferred via www.bookwhen.com/somershamparishcouncil.

However, cash is currently being accepted and a new card machine will be available in the new year.



As part of our Health Inequalities Project for our Skills Exchange programme, our volunteers are hard at work organising a welcome event centred around both the physical and mental wellbeing of our local communities.

Community groups and small local businesses have been invited to showcase everything they have to offer that can help to maintain a happy and healthy lifestyle for all the family.

Look forward to free product samples, mini taster pampering, exercise and wellbeing sessions plus plenty of stalls advertising locally based activities for men, women and children alike.

The Family wellbeing and pamper event will take place on Saturday 3rd February, 2pm till 6pm at the Victory Hall.

Please look out for posters around the village and on the Timebank social pages on Facebook. For more info. or if you would like to get involved in the Skills Exchange Programme as a whole, then please do contact me by email: timebank@somersham-pc.gov.uk or just give me a call for a friendly no obligation chat on: 07599 628 106.



The new year brings some slight changes to our walks.

Our Health and Wellbeing walk will be rebranded as a social activity for those who prefer to walk and talk rather than a march around the village at speed and our Nature Walk will now be on the **LAST** Wednesday of every month rather than the original 4th Wednesday to account for the 5-week months.

Meet at Station Approach to the Somersham Nature Reserve at 10am.

Social Walk – Every second Tuesday of the month

Nature Walk – Every last Wednesday of the month

There is no obligation to become a member to enjoy all the events and activities the Timebank provides.

We do feel however, that everyone has something to offer, no matter your age, ability or how big or small the contribution, it all makes a positive impact on our local community. Once again, do contact me for more info. or if you wish to get involved. In the meantime, I hope you enjoy everything the Timebank has to offer.

Paula Peck – Co-ordinator for Somersham & Pidley Timebank, Changing lives and Skills Exchange Programme.